

Report Identifying the Level of Accessibility of Vital Services

## CENTRAL KENAI PENINSULA

There are 10 Vital Services for:

## **SURVIVING**



Medical and dental care



Behavioral health care



Housing security programs



Food security programs



Transportation to vital services

## **THRIVING**



Parent supports



Early childhood education



Community schools



Youth mentor programs



Job training

## Partnered with:



































Our survey asked residents

IF THEY HAD ACCESS

TO 10 VITAL SERVICES.

Peninsula Points on Prevention in collaboration with Change 4 the Kenai and Southcentral Alliance for Family Resilience (SAFR) conducted a survey of the Central Kenai Peninsula from December 2022 to January 2023 utilizing the 100% Community model by Katherine Ortega Courtney, PhD and Dominic Capella. The 100% Community model assesses the accessibility to ten vital services. The accessibility rating in each category is the weighted average of only those respondents who reported trying to access these resources and had an opinion about accessibility.

Very accessible means affordable, no long wait lists, and not difficult to get to.

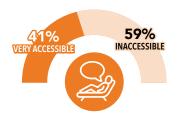
## 5 Services For **SURVIVING**

#### Medical and Dental Care



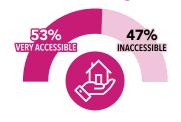
Respondents were asked to rate how accessible Medical and Dental Care is in their community. Medical and Dental Care increase health and longevity.

#### Mental Healthcare



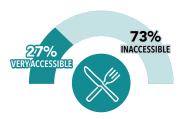
Respondents were asked to rate how accessible Mental Healthcare is in their community. Mental Healthcare services have counselors to speak with about emotional challenges and childhood experiences and trauma.

## **Housing Security Programs**



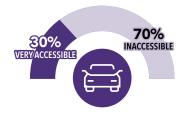
Respondents were asked to rate how accessible Housing Security Programs are in their community. Housing Security Programs provide safe spaces and prevent homelessness.

### **Food Security Programs**



Respondents were asked to rate how accessible Food Security Programs are in their community. Food pantries and food security programs reduce hunger.

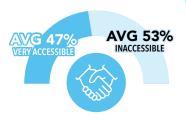
### **Public Transportation**



Respondents were asked to rate how accessible Public Transportation Assistance is in their community. Public Transportation assistance ensures residents get to vital social services, work, and school when necessary.

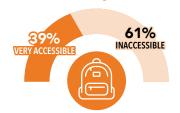
## 5 Services For THRIVING

## **Parent Supports**



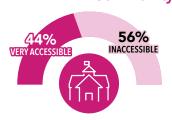
Respondents were asked to rate how accessible Parent Supports are in their community. Parent supports include caregiver support and programs that strengthen families and reduce the chance of injury, trauma, or maltreatment.

## **Early Childhood Education**



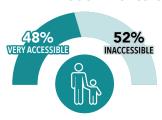
Respondents were asked to rate how accessible Early Childhood Education is in their community. Early Childhood Education strengthens early learning.

## **Community Schools**



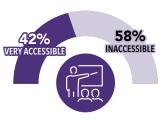
Respondents were asked to rate how accessible Community Schools are in their community. Community Schools offer support with academics, tutoring, family support, and health, and social services.

## **Youth Mentorship Programs**



Respondents were asked to rate how accessible Youth Mentorship Programs are in their community. Youth mentors and Youth Mentorship Programs provide strong role models and support for children.

### **Job Training**

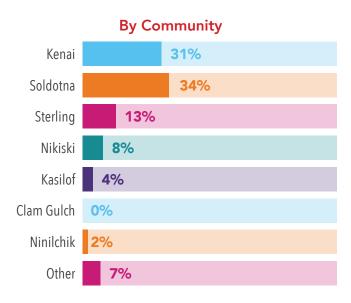


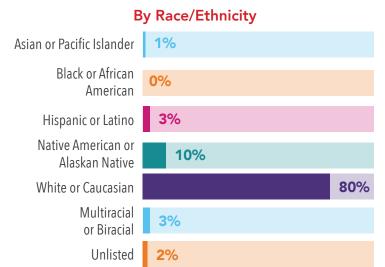
Respondents were asked to rate how accessible Job Training is in their community. Job Training provides access to jobs that offer a livable wage.

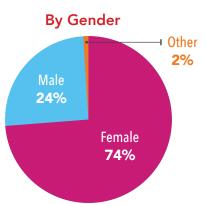


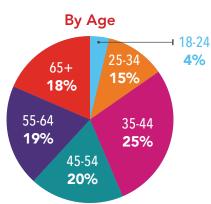
# WHO COMPLETED THE SURVEY?

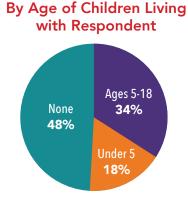
# 974 people



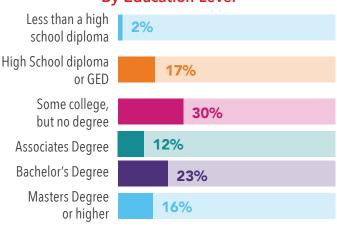




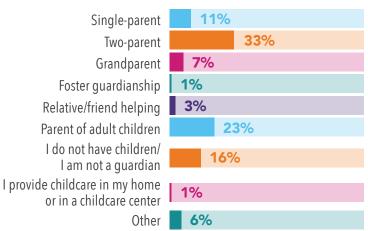




## By Education Level



## By Household Type



This report was produced by the Alaska Impact Alliance. Find out more at alaskaimpactalliance.com.



## CENTRAL KENAI PENINSULA



## **Food Action Team**

100% means everyone in our community is fed and food insecurity is history. Food has everything to do with our health. If we eat right, we function better and we are healthier.

**Team Leader:** Greg Meyer, Executive Director of the Kenai Peninsula Food Bank

Kenai Peninsula Food Bank – The KPFB distributes food through an emergency food program, warehouse program for agencies, USDA commodity foods, and operates the Fireweed Diner, a soup kitchen.

For more information contact:

Greg Meyer (907) 416-7619 | kpfoodbank.org

## Housing

100% means safe and stable homes are key to creating a secure, stable and healthy community for all.

Team Leaders: Leslie Rohr & Kathy Gensel

#### Love Inc.

Love Inc. in the Name of Christ of the Kenai Peninsula is an inter-denominational Christian organization that works with area churches and agencies to provide help to neighbors in need.

Leslie (907) 262-5140 | <u>leslie@peninsulaloveinc.org</u> <u>www.loveinc.org/love-inc-map/love-inc-of-kenai-peninsula/</u>

#### **Central Peninsula Health Foundation**

Central Peninsula Health Foundation's mission is to support and advance the mission of Central Peninsula Hospital through philanthropy and to become the clearinghouse for philanthropic support for health and wellness programs serving our residents.

Kathy (907) 714-4626 | kgensel@cpgh.org

Central Peninsula Health Foundation: givingheals.org/about-us

## **Parent Supports**

100% means all parents are empowered to succeed. A seamless system of support helps ensure every mom and dad can provide a safe and successful childhood for their children.

**Team Leader:** Abby Struffert, Coordinator of Southcentral Alliance for Family Resilience (SAFR)

#### **SAFR**

Building a resilient community through education, opportunities, support and connections.

#### For more information contact:

Abby (907) 252-1772 | southcentralconsultingak@gmail.com

## **Transportation**

100% means all our residents get where they need to go. Family-friendly communities are places where public transport is efficient, accessible, affordable and safe.

**Team Leader:** Jodi Stuart, President of the Board, Central Area Rural Transit System (CARTS)

CARTS is the public transportation provider for the Central Kenai Peninsula. It provides safe, convenient public transportation services within the cities of Soldotna and Kenai, the communities of Funny River, Nikiski and Sterling.

For more information contact:

Jodi jodi.stuart@alaska.gov | ridecartsak.org

## **Medical/Dental Action Team**

100% means all residents can easily access care. Staying healthy means having access to timely and affordable healthcare.

**Team Leader:** Shari Conner, Clinic Manager, Clinic Manager at Serenity House, Central Peninsula Hospital & Facilitator of Change 4 the Kenai

## **Serenity House**

Serenity House Treatment Center is a 12-bed intensive residential treatment center for people who struggle with substance use disorders.

For more information contact:

Shari (907) 714-4521 | sconner@cpgh.org Change 4 the Kenai: connectkenai.org

Serenity House: <a href="https://www.cpgh.org/services/behavioralhealth">www.cpgh.org/services/behavioralhealth</a>

services/serenityhouse

## **Behavioral Health**

100% means all our residents can connect with care and feel empowered to use it. We need to create a seamless system of care for our community members to access mental health care.

**Team Leader:** Alecia Gottlob, *Project Coordinator,* Cook Inlet Counseling

#### **Cook Inlet Counseling**

Cook Inlet Counseling, strives to provide an understanding and supportive environment for healing from trauma and substance use through building internal wellness and connection for adults and youth.

## For more information contact:

Alecia (907) 283-3658 | alecia.gottlob@alaskacicada.org cookinletcounseling.org



## CENTRAL KENAI PENINSULA



## **Early Childhood Learning**

100% means all of our children benefit. We ensure that it is a part of every child and parent's life. Early childhood education has the capacity to empower us at a very young age.

**Team Leader:** Renee Lipps, Prevention Coordinator, The LeeShore Center; Facilitator of Peninsula Points on Prevention (PPOP); and Co-Facilitator of Change 4 the Kenai

#### **Peninsula Points on Prevention**

Enacting a positive change in our community's health and safety through collaborative prevention efforts in the Central Kenai Peninsula. Ensuring education and resources are readily available fostering a safe, supportive, and healthy community. With a focus on the reduction and elimination of power-based violence (domestic violence, sexual assault, teen dating violence and bullying) in our community.

#### For more information contact:

Renee (907) 283-9479 | rlipps@leeshoreak.org peninsulaprevention.org

## **Community Schools**

100% means all students have the resources needed to succeed. Today we can create "community schools" with the resources to ensure all students are successful.

**Team Leader:** Ashley Blatchford, Education & Training Coordinator, The LeeShore Center and Co-Facilitator Central Peninsula Batterers Intervention Program

#### The LeeShore Center

To promote healthy families and a violence free community while providing a safe haven for victims of domestic violence and sexual assault. To be an instrument of change on the Kenai Peninsula to create a non-violent community where all individuals are treated with respect and basic human dignity.

#### **Contact Information**

Ashley (907) 283-9479 | <u>ablatchford@leeshoreak.org</u> <u>leeshoreak.org</u>

## **Youth Mentoring**

100% means all our boys and girls have a trusted, caring and committed mentor. We can collaborate to ensure that mentorship is a part of every young person's life.

**Team Leader:** Chloe Bowman, Youth Outreach Advocate, The LeeShore Center

#### Youth Advocacy

In a cooperative effort between The LeeShore Center and the Kenai Peninsula Borough School District, the Youth Outreach Advocate provides age-appropriate Healthy Relationships/ Violence Prevention presentations.

#### **Contact Information**

Chloe (907) 283-9479 | cbowman@leeshoreak.org leeshoreak.org/school

## Job Training/Higher Education

100% means all our residents have a path to a livelihood. All residents can succeed with jobs, steady incomes and opportunities for advancement. It means we design a system of job training and placement, and opportunities for a higher education.

**Team Leader:** Heidi Graves, Learning Center Director, Kenai Peninsula College

#### The Learning Center

The Learning Center is your resource for testing, tutoring and other academic support services. Whether you need some extra help studying for an exam, weekly tutoring, or just a quiet place to work on assignments, the KPC Learning Center is the place to go.

#### **Contact Information**

Heidi (907) 262-0328 | hagraves@alaska.edu kpc.alaska.edu/academics/academic-resources/the-learningcenter

If you are interested in knowing more about any of these action teams or working alongside our action team members, please reach out to the contact listed.

This report was produced by the Alaska Impact Alliance. Find out more at alaskaimpactalliance.com.